



## DofE Kit List

### DofE Kit List- clothes

- 1 pair walking boots NOT TRAINERS
- 2 pairs walking socks
- 2 t-shirts Not Cotton
- Thermal t-shirt (optional)
- fleece tops NOT HOODIES
- walking trousers (NOT jeans)
- Spare shoes
- Warm hat & sunhat
- 1 pair gloves
- 1 pair shorts
- Suncream
- Waterproof over-trousers
- Gaiters/coat (waterproof & windproof) Taped seams

### Personal Kit

- Rucksack (approx. 55-65 litre) - can be provided
- Rucksack liner (plastic bags)
- Sleeping mat
- Sleeping bag
- Sleeping bag liner (optional)
- Towel
- Small quantity of money (optional)
- Notebook & pen/pencil
- Watch
- Whistle
- Torch NOT A WIND UP
- Personal first aid kit
- Wash kit
- Hand Sanitiser
- Face Mask

### Food Equipment

- Water bottle (2 Litres)
- Knife, fork, spoon
- Plate/bowl Mug
- Box of matches/ Lighter

### Group Kit

- Tent(s) - provided
- Camping stove(s) - Provided
- Camping stove fuel -Provided
- Cooking pans - provided
- Scourers
- Camera (optional)
- Toilet paper
- Tea towels
- Food (lightweight)